

BUILDING AN *Unshakable Mind*

~ How To Overcome Life's Difficulties ~

*Suggested
Happiness Planting:*
Non-members \$20
Members \$15

See You on
4 NOV 2018 (Sun)
2pm ~ 3.30pm

Includes: *Meditation to Discover Your True Self*

You don't need to have read "AN UNSHAKABLE MIND" (international bestselling book) to attend this seminar. And even if you've already read this book, there'll be new discoveries, insights and guided meditation, which support, enlighten and empower you!

Let's face it!

None of us is completely immune to the challenges of life. A negative incident or trial can often shake our mind, which handicaps our ability to take the next right step to overcome the difficulties life throws at us.

The way to reverse such negative cycle is building an UNSHAKABLE MIND.

This seminar will provide you with invaluable tools to build a life of unwavering strength, resilience and great stability.

✦ *You'll be brimming with new confidence* ✦

Venue:
**ST KILDA LIBRARY
COMMUNITY ROOM
150 Carlisle St, St Kilda 3182**

Phone: 03 9537 0047

Sharing Enlightening Teachings of
MASTER RYUHO OKAWA