

Meditation Seminar

Awakening Joy in our lives:

We can choose Happiness for ourselves!



Some people may let the weather decide whether they will be happy or not, but Happy Science has been teaching many times, through many different teachings, that you don't have to let the environment control how you think; you can control your own thoughts. This is self-improvement; controlling our desires. It is through this process of self-improvement that the soul truly feels joy

Saturday 13th April 2019
1:00pm - 3:00pm

Venue:

Melbourne Happy Science Study Centre
398 St Kilda Rd, St Kilda

Suggested offering \$15
Limited seating available!
Book now!

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